

EMPATHINK

Association of
Psychoanalytic Self Psychology
Annual Conference

www.eapsp.org.au

Friday 15th - Sunday 17th March 2019
Advanced Course Thursday 14th March



Featured Guest Speakers



Dr George Halasz

“Remembering for the Future with 2020 Vision”
Safe but Not Too Safe 1: Psychodynamics of Relational Trauma and Dissociation
Safe but Not Too Safe 2: Vicarious Trauma and Iatrogenesis
Safe but Not Too Safe 3: Reparative and Attenuated Moments – Daring to Daydream

Dr George Halasz is a consultant child and adolescent psychiatrist and Adjunct Senior Lecturer at The School of Psychology and Psychiatry, Faculty of Medicine, Nursing and Health Sciences, Monash University, and in private psychiatry practice. From 1992-2005 he was a member of the Editorial Board of the Australian and New Zealand Journal of Psychiatry, and the Editorial Committee of Australasian Psychiatry (2005 - current). His special areas of interests and publications include ADHD, Holocaust trauma and inter-generational trauma transmission, trauma informed care, child/adolescent psychotherapy and ethics, children of parents with mental illness (COPMI), the interface between psychiatry and religion. Over the last 20 years he has lectured on trauma related themes in the UK, Israel, Poland, Hong Kong, US, NZ and Australia.



Dr Jackie Amos

Shame: Evolution, Infancy and the Mysteries of Middle Childhood

Dr Jackie Amos is a Child and Adolescent Psychiatrist, Gestalt Psychotherapist and theoretician. In her PhD, Jackie developed two complementary models of the intergenerational transmission of neglect and abuse, including a novel, evolutionary understanding of shame in infancy and middle childhood. The models were used to predict the objectives of any effective treatment for families where the care and protection of the children is compromised. These objectives supported Jackie in developing in depth hypotheses about the mechanisms of action of a novel dyadic psychotherapy, Parallel Parent and Child Therapy, for mothers and children caught in intergenerational cycles of maltreatment.

Clinically, Jackie works in the reunification programme in Centacare, a non-government agency. In her role as specialist therapist she addresses intergenerational and relational trauma in preparation for the children (and adolescents) to return to their birth families. She also provides consultancy to other programmes within Centacare and is developing a model of therapeutic case management based on her doctoral research.

Clinical Case Presentations

Ron Lee (VIC)

Dr Joyce Lee (HK)

Elisabeth Hanscombe (VIC)

Margaret Lee (VIC)

Dr Catherine Lazaroo (VIC)

Enquiries

Paula Davis, Gertrude Street Clinic Email: gertrudestreet@bigpond.com Phone: (03) 9419 3001 Mobile: 0400 572 311

Treacy Centre - 126 The Avenue, Parkville VIC 3052
15th - 17th March 2019

Pricing

Event	Date	Price before 31st January EB - Early Bird rate	Price after 31st January
Advanced Course	Thu 14th March	\$250	\$300
Main Conference	Fri 15th - Sun 17th March	\$675	\$775
Advanced Course and Main Conference	Thu 14th - Sun 17th March	\$875	\$1,075
Main Conference daily rate	Fri 15th - Sun 17th March	\$300 Fri/Sat & \$150 Sun	\$350 Fri/Sat & \$175 Sun

EAPSP Member Discount \$50

Advanced Course

Thursday 14th March

9.00 - 9.15	Welcome and Introduction
9.15 - 10.45	Ron Lee <i>The Reverse Self-object Experience Revised</i>
10.45 - 11.15	<i>Morning tea</i>
11.15 - 12.45	Jeff Ward <i>Working with the Mirror Transference</i>
12.45 - 2.00	<i>Lunch (provided)</i>
2.00 - 3.30	Dr Josh White <i>Case studies from the Hampstead War Nurseries</i>
3.30 - 3.45	<i>Afternoon tea</i>
3.45 - 5.15	Dr Enzo Tieppo <i>"And Who am I?" - a study in dissociation.</i>

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Main Conference

Friday 15th March

8.30 - 9.00	Registration
9.00 - 9.15	Conference welcome - Josh White and Ron Lee
9.15 - 10.45	Dr George Halasz. Moderator - Ron Lee <i>Safe but Not Too Safe 1: Psychodynamics of Relational Trauma and Dissociation</i>
10.45 - 11.15	<i>Morning tea</i>
11.15 - 12.45	Dr George Halasz. Moderator - Ron Lee <i>Safe but Not Too Safe 2: Vicarious Trauma and Introgenesis</i>
12.45 - 2.15	<i>Light lunch (provided)</i>
2.15 - 3.45	Dr Joyce Lee. Moderator - Irene Kam <i>Professional growth through empathic understanding</i>
3.45 - 4.00	<i>Afternoon tea</i>
4.00 - 5.30	Dr Catherine Lazaroo. Moderator - Dr Kirsty Burn <i>And Father Makes Three... Welcoming a father into the observational space</i>
5.30 - 6.30	<i>Conference Reception - drinks and canapes</i>

Saturday 16th March

9.00 - 10.30	Dr Jackie Amos. Moderator - Dr Josh White <i>Shame: Evolution, Infancy and the Mysteries of Middle Childhood (part 1)</i>
10.30 - 10.45	<i>Morning tea</i>
10.45 - 12.15	Dr Jackie Amos. Moderator - Dr Josh White <i>Shame: Evolution, Infancy and the Mysteries of Middle Childhood (part 2)</i>
12.15 - 1.45	<i>Light lunch (provided)</i>
1.45 - 3.15	Elisabeth Hanscombe. Moderator - Nada Lane <i>A finger laid upon the lips: the silencing of incest</i>
3.15 - 3.30	<i>Afternoon tea</i>
3.30 - 5.00	Margaret Lee. Moderator - Pat Hamilton <i>Estelle: Empathy, Music and Touch in Palliative Care</i>

Sunday 17th March

8.30 - 9.30	EAPSP AGM
9.30 - 11.00	Dr George Halasz. Moderator - Ron Lee <i>Safe but Not too Safe 3: Reparative and Attenuated Moments - Daring to Daydream</i>
11.00 - 11.15	<i>Morning tea</i>
11.15 - 12.45	Dr Ron Lee. Moderator - Enzo Tieppo <i>Case of M: Counselling or Psychotherapy</i>
12.45 - 1.00	Closing remarks

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Presenters - Main Conference

Dr Joyce Lee

Joyce Lee is a specialist in psychiatry who has been serving in the public mental health service of Hong Kong for more than 10 years.

She describes her path as a therapist to have been 'lost and found'. As a "highly sensitive person", her sensitivity attracted her to the symptoms of the mind, yet prevented her from a deeper level of work with her clients. With the help of inspiring supervisors and mentors, she began her journey in self psychology in the recent year. With a new found appreciation of the power of empathic listening and understanding, her practice became therapeutic both to clients and herself.

Here to share her journey as a once burned-out therapist, and the importance of training our empathic skills.

When not traveling, Joyce enjoys hiking with her husband, as well as running (3-time marathon finisher) and practicing yoga (undertaken 200 hours of yoga teacher training).

Elisabeth Hanscombe

Elisabeth Hanscombe, who blogs at www.sixthinline.com, is a psychologist and writer. She published her memoir, *The Art of Disappearing* in 2017 after theorising around it in the form of a PhD on the topic, 'Life writing and the desire for revenge'. She is interested in creative non-fiction and the ways in which we can turn our stories into something beyond anecdote and has published a number of short stories, essays and book chapters in the areas of trauma, shame, psychoanalysis and memory.

Margaret Lee

Margaret trained as a Registered Nurse in the late 1960's, and subsequently worked in Emergency Care and Paediatrics and then spent 20 years in Palliative Care and in the Music Therapy department at Bethlehem Hospital, South Caulfield.

During her Bethlehem Experience Margaret completed the Bereavement Support Education Course and volunteered as a Telephone Counselor for "GriefLine" for 4 years. She also held the position of Volunteer Supervisor and Co-coordinator for the Bereavement Volunteer Roster, and as Administrative assistant to the Bereavement Department.

For 2 years she was a Weekend Nursing Supervisor at Rothesay Hostel for the Elderly, in Sandringham.

She also spent 5 years as a Support Telephone Counselor for the ME/CFS Society of Victoria.

In 1995 she gained a Diploma in Adult Psychotherapy, from the Australian and New Zealand Association of Psychotherapy (ANZAP)

Since 1996 she has been the Secretary of Empathink, a private practice in Psychotherapy and from 2002 – 2018 serving as the Secretary of EAPSP organising the annual Conferences. In 2006 she presented her paper at an Empathink Workshop.

She completed a Certificate Course in Guided Imagery and Music in 2004, followed by further study in GIM in 2007 and 10 years of Supervision by Diana Scott, a Senior Trainer with the Music and

Imagery Association of Australia. She presented her to the Music and Imagery Association of Australia in 2008.

After retiring to the Bass Coast in 2010, Margaret became involved in the U3A movement, running a Group for Music and Imagination for 6 years.

She continues to work with Palliative Care clients on an individual basis.

Dr Catherine Lazaroo

Catherine is a medical practitioner who had worked for 20 years in general practice before undertaking psychiatry training via St Vincent's Mental Health Services between 2014 and 2018.

Her other studies include a Master of Creative Arts at the Australian Television Film and Radio School, and a PhD in which she explored collective memory in the East Timorese refugee community using a creative arts approach. She is recognised as an accomplished playwright in Melbourne's independent theatre scene (as Kit Lazaroo). During her psychiatry training she has developed an interest in psychodynamic approaches to transgenerational trauma, in Aboriginal and Mother/Infant contexts.

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Presenters - Advanced Course

Ron Lee

Born in Melbourne in 1930, Ron gained B.A. Hons (history), University of Melbourne (and Queen's College), an M. Div. at Garrett Theological Seminary (U.S.), a Ph. D. (psychology) at Northwestern University, and a year's Post-Doctoral Fellowship, Menninger Foundation, Topeka, Kansas.

After immersing himself in practicing psychotherapy using Kohut's Psychoanalytic Self Psychology, he first-authored Psychotherapy After Kohut (1991), Five Kohutian Postulates (2009), and published Special Positive Experiences (2011) as a result of co-teaching an Extension Course for PLC students.

He is Founding President of the Empathink Association for Psychoanalytic Self Psychology, an affiliate of the International Association. He is an Honorary Senior Fellow of the medical faculty, Department of Psychiatry, University of Melbourne, supervising psychotherapy cases of psychiatric registrars at St. Vincent's Hospital, and lectured on Kohut for 15 years in the MPM program.

Since 2009, Ron has been Honorary Advisor, Department of Psychiatry, New Territories East Cluster, Hong Kong. He has produced six DVDs (10 power point presentations each) called, Advancing and Broadening Psychoanalytic Self Psychology. Ron still practices psychotherapy, supervises and teaches from Offices in Melbourne

Jeff Ward

Jeff Ward is a clinical psychologist and psychotherapist in private practice in Canberra. For over ten years he was a full-time member of academic staff in the clinical psychology program at the Australian National University.

He currently teaches on the pre-conference Advanced Course for the annual EAPSP Conference and is also a member of faculty for the Buddhism and Psychotherapy Professional Training Course of the Australian Association of Buddhist Counsellors and Psychotherapists

Josh White

Dr Josh White is a Consultant Psychiatrist with a specialised interest in Perinatal mental health and founding director of the Gertrude Street Clinic, located directly behind St Vincent's Hospital Fitzroy, from where he also consults to the St Vincent's Private Hospital Maternity Unit and Special Care Nursery, and to the City of Yarra Maternal Child Health & Family Services. Dr White attained fellowship from the Royal Australia & New Zealand College of Psychiatrists (RANZCP) in 2011 and a Masters of Public Health in 2005 from the University of Melbourne. He completed Psychiatry training at St Vincent's Hospital, including a year-long Advanced Trainee position at the Mercy Hospital for Women - Heidelberg in 2010. He also provides supervision to St Vincent's Hospital Psychiatry trainees and teaches in the mid-year Self Psychology course in Melbourne

Enzo Tieppo

Dr. Enzo Tieppo is a psychiatrist working in full-time private practice.

He has had a long term interest in psychoanalytic psychotherapy, having had the good fortune to be exposed from early in his psychiatric training to various psychoanalytically trained mentors. He was subsequently introduced to Psychoanalytic Self Psychology and undertook training in the Self Psychology model through the Melbourne College of Contemporary Psychotherapy. He is currently a member of the EAPSP executive and the Victorian Branch of the RANZCP Faculty of Psychotherapy.

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Registration

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Dietry requirements:

Vegetarian Vegan Dairy free Nut free Gluten free

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I am an IAPSP/EAPSP member, please subtract \$50. Membership number:

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